2007 ANNUAL REPORT

Friends of Grace Seniors(FGS) Korean Community Center

"Connecting to the Next Generation and Building on the Vision for Tomorrow"





FGS Korean Community Center

Mission Statement

Our mission is to promote healthy and independent living for all individuals in their golden years. It was founded on the belief that ensuring good health and independence later in life relies on the life-long efforts of all generations, young and old, and generating an interdependent community network of support by empowering individuals to help themselves as well as others.

HealthCare Resource Center

- Prevention and Management of Chronic Diseases
- Care for Uninsured with Chronic Diseases
- Information and Assistance for Health Care and Social Services
- Care Management for frail elderly at home
- Caregiver Support

Wellness Center

- · Open Seminars
- · Adult Classes
- Children and Youth Program Classes Young People's Night Orchestra and Chorus Art Contest Community Services
- · Art Gallery

FGS KOREAN COMMUNITY CENTER (KCC)

Senior Living Project

Senior Housing and Related Services

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President's Message





Dear Friends,

In 2007, we recommitted ourselves to our mission by focusing on a number of sustainability efforts. We were able to occupy the additional facility used by NJ DMV and begin the renovation project to create a new HealthCare Resource Center alongside our Wellness Center. There were difficulties and delays as we attempted to meet the building and zoning requirements from the City of Englewood. With generous support and encouragement from our friends and members, we have succeeded in laying the groundwork for our HealthCare Resource Center.

We have continued to improve and expand our services and programs, in our ongoing effort to live our values, advance our mission and to be of service to a larger community. I've highlighted some of our key activities and some of the ways FGS and our staff and volunteers are addressing our mission.

- We celebrated our 7th anniversary by holding an inaugural Gala2007 to raise fund to expand our HealthCare Resource Center on March 17 at Marriott at Glenpointe. Our gala honorees were Dong Hwan Kim, Douglas Duchak, Chung T. Chung, MD, and Rev. Jae Hoon Lee, who were honored for their support to our community.
- Our social service program continued to provide the NJ EASE Care Management Program serving the frail elderly for the sixth year with the grant from Bergen County, Division of Senior Services.
- 3. Our healthcare program served more than 1000 participants in our various health screenings and educational services. Englewood Hospital continued to be our valuable collaborator in our efforts to improve public health care. In addition, we held our second annual community health conference in October with more than 300 members participating in the event.
- 4. Our annually held events such as Children's Art Contest, KCC Chamber Orchestra and Chorus, Korean Traditional Dance and Music from Seniors to Youth, and Golf outing continued to improve in quality and in member participation.

We believe FGS plays a critical role in promoting wellness and healthcare for our community. As we move into our 8th year of service, we are looking for partners to help us in our endeavors. Together we can continue to provide hope and healing into each of our lives and into the lives of those all around us.

Warmly,











HealthCare Resource Center

- 1. Prevention and management of chronic diseases
- 2. Care for uninsured with chronic diseases
- 3. Information and Assistance for healthcare and social services
- 4. Care Management Program for frail elderly at home
- 5. Caregiver support

Health Education

Health education seminars are conducted on every 1st Monday for Mental Health and 4th Monday for health and healthcare in general, and every Wednesday for diabetes education classes collaborating with Englewood Hospital Medical Center diabetes center.



Hypertension Dr. Stanley Kim



Mental Health Dr. Moon Hi Lee

The third annual community health conference was held on October 27, 2007 and attended by over 300. Free flu shots were offered.









Health Screening

Blood screening for diabetes, cholesterol and blood pressure measurement are offered twice a month (on 2nd Sunday at local churches and on 4th Monday at the center) In 2007, blood screenings are offered to 880 individuals of all ages

No insurance 753

Hypertension 272 (newly found 174)

Borderline hypertension 230 (newly found 151)

Diabetes 63 (newly found 30)

Prediabetes 42 (newly found 37)

High Cholesterol 113 (newly found 85)

Borderline high cholesterol 242 (newly found 195)









Care for uninsured individuals found to have diabetes and hypertension at screenings.

In 2007, 211 new patient and 776 follow-up patients were referred to our pro-bono physician network for treatment.



Dr. Sun



Dr. Hwang



Dr. Kim







Information and Assistance

Information for healthcare and social services are continuously updated in our web site. Individual assistance and counselings are provided by FGS social workers by appointment. Brochures for hypertension and diabetes are also available in Korean.

Social services seminars are conducted on every 2nd Monday and legal/financial seminars are conducted on every 3rd Monday. In 2007, 84 seniors are offered individual counseling.

38 seniors are signed up for living will.











Care Management Program for frail elderly at home

Home bound frail elderly (60+) and disabled (18-59) are visited by our trained care manager for care plan, linking to needy services and monitoring for care. In 2007, 68 clients were followed by our care manager.

Caregiver Support

Family Support Group for Alzheimer Disease met every 3rd Wednesdays. Support Group for Parents with Autistic and Other Developmentally Disabled Children met every 2nd Fridays.







Wellness Center

- 1. Open Seminars
- 2. Adult Classes
- 3. Children and Youth Program
 Classes
 Young People's Night
 Orchestra and Chorus
 Art Contest
 Community Services
- 4. Art Gallery

Open Seminars and Lectures

Free seminars and lectures are offered on every Tuesday for chorus, every Thursday for current events, 1st Thursday for all about wines, 3rd Thursdays for Far East Cultures and Character and 4th Thursdays for American History.



Current Events



American History



All about Wine



Immigration Law





Far East Cultures

Chorus







Adult Classes

Exercise and Dance

Everyday we offer various exercise and dance classes including health exercise, dung-du-koong, wellbeing exercise, sundo, yoga, line dance and ball room dance.

Seniors who have continued participation in daily exercise programs for the last 8 years remain healthy in 70's and 80's enjoying their healthy and independent living.









Computer Classes for seniors and adults

Seniors (60+) learn basic computer and internet to be able to access information for available benefit resources. Seniors completed basic computer class can be advanced to adult classes..

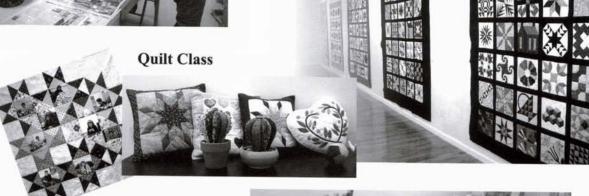








Ceramic Class



Art Class

English Class



Cooking Class
• Party Cooking







Healthy Cooking









Children and Youth Program

Art Class





Ballet Class

Ceramic Class



Korean Dance Class















Chamber Orchestra and Chorus Concerts were held on February 3, 2007

and November 17, 2007.



Community Service

Big Brothers and Sisters Program - tutoring service Being a "Big Brother" is great Having a little brother, I learned many methods of teaching such as to be patient.



Art Contest was held on May 5, 2007



Medalist -Hansol Choi









Gold -Tae Jin Yoon











Art Gallery

Art Gallery provides a venue where professional and amateur artists, and our members can exhibit and share their creative artwork with the public. The followings are exhibitions in 2007.









Date	Exhibition
3/2 - 3/21	Bong Kyu Ahn Oriental Painting Invitational
4/18 - 5/3	Hee Soo Kim & Sei Ryun Chun invitational
6/1 - 6/15	Jong Sook Kim Rice Paper Dolls
7/7 - 7/27	Anna Lee Oil Painting
8/27 - 9/7	South and North Korean Art Exchange
10/8 - 10/12	Fund Raising Sookhye Kim Jewelry Exhibition
9/24 - 10/6	Christian Art thru Folk Arts
10/15 - 10/19	Art Expo World Art Exhibition
10/22 - 11/3	Heejo Nam Oil Painting
11/14 - 11/29	Chong Tae Kim Photography Exhibition
12/1 - 12/16	Ho Bong Kim Water Painting Invitational
12/17 - 12/29	Fund Raising Jung Soon Kim Minhwa

Senior Living Project

We continue with our plan to achieve one of our long-term goals - building a retirement housing facility for our grace seniors, offering various relating services, transportation and meals etc. In 2007, we have opened a new bank account for senior living project and started to raise money by opening new tea house and daily lunch program. We also started to make home made soy paste and sauce which will be ready this fall. We welcome any person or organization who would like to contribute to the project.

Tea House newly opened





Lunch offered everyday Monday to Friday.





2007 Events

The Inaugural Gala 2007 on March 17, 2007 was held to raise fund to expand and advance Heathcare Resource Center at Teaneck Marriott at Glenpointe Hotel. About 350 guests participated. Honorees were Dong Hwan Kim (CEO of Powerline Imports), Douglas Duchak (CEO of Englewood Hospital and Medical Center, Rev. Jae Hoon Lee (Senior Pastor of Chodae Community Church) and Dr. Chung Taik Chung (President of Korean American Medical Association).

























Golf Outing was held on September 19, 2007 at New York Country Club. 62 golfers participated.















Korean Traditional Dance and Music from Seniors to Youth was held on November 3, 2007

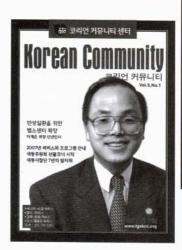


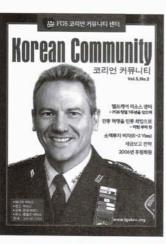
Renovation of Healthcare Resource Center was started



Parking lot is newly landscaped.





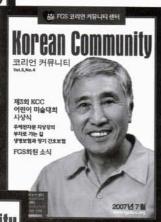




코리언 커뮤니티

Gala 2007 부지로 가는 길 Being a "Big B Is Great

백압과 옵션 FGS회원 이야기



2007 Korean Community Magazine

2007 EVENTS







FRIENDS OF GRACE SENIORS, INC. STATEMENT OF FINANCIAL POSITION ("Unaudited") December 31, 2007

Assets: Cash and cash equivalents Automobile, net Leasehold improvement, net Security deposit	\$ 19,413 7,166 200,721 22,000
Total assets	\$ 249,300
Liabilities and Net Assets:	
Liabilities: Payroll tax payable Bank loan payable Line of credit payable Security deposit payable	\$ 8,409 30,000 50,000 8,000 96,409
Net Assets: Unrestricted	152,891
Total liabilities and net assets	\$ 249,300

FRIENDS OF GRACE SENIORS, INC. STATEMENT of ACTIVITIES ("Unaudited") for the Year Ended December 31, 2007

Financial Statement

				emporarily		
		Unrestricted		Restricted		Tota
SUPPORT AND REVENUE:						
Contributions	\$	286,103	\$		\$	286,10
Membership income	*	15,510	Ψ		Ψ	
Fund-raising activities		122,497		-		15,510
nterest income		11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				122,49
Grants		213				213
Class fees				285,174		285,17
		135,775		-		135,77
Program fees		-		69,821		69,82
Net assets released from restrictions:						
Satisfaction of program restrictions		354,995		(354,995)		
Total support and revenue		915,093		-	915,093	
EXPENSES:						
Program services		94,011		5		94,01
Supporting services:						240004440
Advertising		13,530		-		13,53
Auto expense		2,206		-		2,20
Auto insurance		1,634		-		1,63
Bank service charge		913				91
Conference and meeting		2,000				2.00
Depreciation and amortization		16,852				16,85
Dues and registration fee		605		0		60
Equipment rental and maintenance		2.547		-		
Honorarium		60,005				2,54
Insurance		13,938				60,00
Interest				-		13,93
Miscellaneous		6,782				6,78
Office supplies and expense		2,663		-		2,66
		5,270		-		5,27
Payroll taxes		30,012		-		30,01
Postage and shipping		3,426		-		3,42
Printing and publications		15,328		- 3		15,32
Professional fees		15,886				15,88
Rents		257,168		*		257,16
Salaries & wages		278,584		*		278,58
Telephone		9,920		3		9.92
Travel		459		2		45
Utility		8,854				8,85
Total expenses		842,593				842,59
CHANGES IN NET ASSETS		72,500		2		72,50
NET ASSETS, BEGINNING OF YEAR		80,391		-		80,39
NET ASSETS, END OF YEAR	\$	152,891	\$			152,89







Grants & Contributors



The generous support from our grantors and donors makes our programs and services possible.

Grants Bergen County, Department of Human Services, Division of Senior Services State of New Jersey, Department of Health and Senior Serices New Jersey Health Initiatives Program of Robert Wood Johnson Foundation New Jersey State Council on the Arts

\$5,000 and up

Chodae Presbyterian Church of NJ
Coby Electronics Corp.
Englewood Hospital
Hong, Mun Kyung , M.D.
Kim, Dong Hwan
Kim, Jung-Ah , M.D.
Lee, Daniel
Lee, Dohyang
LG Electronics USA
Locus Telecommunications, Inc.
Oxford Health Plan
Samsung Elec. America, Inc.

\$1,000 - \$4,999

Ahn, Soon Taek Chang, Kyle Cho, Il Whan/Soon Ja Choi, Connie M. Choi. Hyung Kee Choi, Kwang Thomas Chong, Byong Sub Chu, Jai Ock/ Young Ae, M.D. Chung, Chung-Taik, M.D. Creditors Interchange Dr. South Amb Ha, Kwang Boon Hong, Mun Kyung, M.D. Hong, Tai Sun Hope Presbyterian Church Kang, Phillip, DDS Kang, Soon Jon Kim, Aeri Kim, Chee Gap, M.D. Kim, Daniel, M.D. Kim, Hyung Soo Kim, Jung Pil Kim, Kenneth Kim, Sook Hye Kim, Sue Kim, Young Kil Korean American Medical Asso. Korean Consulate General Kwack, Yon Hee Kwon, David O. Lee, Clinton Sangmin Lee, Fred, M.D. Lee, S. Howard, M.D.

Moon, Woo , M.D.
New Jersey Medical Group
Park, Hae-Bong
Park, Nancy
Park, Sun , M.D.
Saek Dong,
Seoul Shik Poom, INC
Shim, David J.
Shin, Justin Hosoon
Won, SunHee Diane
WOORI America Bank
Yun, Sung K.

\$500 - \$999

Chang, Ja Sung Cheerath, Ram M Cho, Susan Choi, Henry/Anna Choi, Jun H. Choi, Mike J., M.D. Chon, William, Esq. Chung, Kee Hong Chung, Young In Huh, Sun Haeng, M.D. Kang, Corona Kang, Young Hee Kim, Christina, Ph.D. Kim, Chun Sop Kim, David Kim, Henry, DMD Kim, Jin Jeong Kim, Joanne Kim, John S., M.D. Kim, Jung Bok Kim, Kimball Kim, Peter Kim, Steve, DDS Kim, Sung Hwan (John) Kim, Unhui Kim, Yung D., M.D. Kyung Eun Asso. Lee, Ae Cha Lee, Alexander, DDS Lee, Chol & Youngsook, M.D. Lee, Diane H. Lee. In Bok Lee, Keon Sook Lee, Sang G. Lee, Sun Hee, M.D. Lee, Wha Sun/Chi II, M.D. Long Life Myung Dong of NJ,Inc

Nara-Sarang Inc.

NY Metro Radio Korea Inc.
Ok, Francis
Park, Bong Hee
Park, Brian E. , M.D.
Park, C. Thomas , M.D.
Park, Chong Ho
Park, Jin
Pascack Valley Hospital
Rhee, Heasook , Ph.D
The Federation of
Korean American Asso. of NJ
Shu, Song W.
So Myung Church of NY

\$200-\$499

Auh, Yong Ho/Kyong Hee, M.D. Bae, Kie Hyun Bae, Kwang Ung Baik, Hyun S. Bergen Salon, LLC, Byun, Kye Z. Cha, James Cha, Yoon Ja Chang, Ellen Soonhee Chang, Hong Soo Chang, Linda Chang, Moon K Chang, Song Cho, Henry, Rev. Choe, Soon Hee Choi, Jae Heung Choi, Jeong J Choi, Jong Sik Chong, Michael K. Choo, Yang Hyae Chun, Yoon Taek, M.D. Chung, Dae Syk/Dong Sook, M.D. Chung, Eunhyeok, Rev. Gungormez, Erol Ha, Ho Sook Han (O'Toole), Young Ok Hong, Joanne Hong, John S. Jeon, Seung H. Juhn, Hyun Sook Juhn, Hyunil Jung, Dongheon Jung, Taehee Kang, Duk Ki Kang, Keum Sang Kang, Yung C. DMD Kim, Andrew Y.

Kim, Do Young Kim, Hae Gyoung Kim, Hui-sook Kim, Julie Kim, Jung Ae Kim, Ki Soon Kim, Maya H.(PineRidge) Kim, MoonOk Kim, Stanley Kim, Yannie Lee Kim, Yong Hun Kim, Yong-Bae Kim, Young Y. Maria Ko, Tae Chun Koo, Ja Hak Koo, Sue Im Kwak, Hyun Kyu Kwon, Jin Suk Kwon, Song Ja Lee, Christina Lee, Hans Lee, Kang Mun Lee, Koon S. Lee, Kyung Ae Lee, Nancy Lee, Ok Ryon Ma, Joon H. Ma, SongHui, M.D. Min Bae, Jae Y. Mok, In Ja Oh, Se Kyung Paik, Hak Joo Park, In Kyung Park, Joo Hyun Park, Maria Park, Pong Sun Rhee, Soojin Shin, Myung Ja SK Management Consulting Co. Son, Jaesung Son, Myung Suk Song, Jaehyeon, Rev. Song, Kil C., CPA Sun, Sung Wook Uhm, Young Ok Yang, Chang Yi, Yong C. Yi, Yong Sun Yim, Joan Junghee Yim, Jung Ja/Moon Bin

Yoon, Jung Nam

Kim, Chung Ja

Loving Care

Ma, Dong M., M.D.

Ma, Kye-Eun, M.D.

Kim, Chul





Membership

Our programs and services would not be possible without the generous support of our members and friends. Membership is open to anyone regardless of their age, race, financial status, and religion. There are two kind of membership? Members and Friends.

Members

Individuals over 18 years of age pay annual dues and receive the basic membership benefits.

Friends

Individuals over 18 years of age can support the FGS mission through their annual contribution. Friends are offered the basic membership benefits to all immediate family members.

Basic Membership Benefits

- Benefits include discounted class fees, an advance notice of special events, discounts from business organizations sponsoring FGS mission, and a bi-monthly magazine "Korean Community"
- Members and Friends earn credit points which can be accumulated throughout the years as long as they maintain their active membership status. They earn discounts in program fees and given priorities to participate in FGS programs and services based on their earned credits as determined and approved by the president. Members and Friends can also earn credits by serving as a volunteers (Maximum annual credits: 4 points) and by participating in programs (Maximum annual credits: 4 points)

	Dues	Credit(s)
A. Members (over 65)	\$50	1
B. Members (18-64)	\$70	1
C. Sustaining Friend	\$200 ~ \$499	2
D. Contributing Friend	\$500 ~ \$999	3
E. Sponsoring Friend	\$1,000 ~ \$4,99	9 4
F. Partner	\$5,000 & up	4





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Board of Trustees

Officers

Lee, S. Howard, M.D., Chairman Ma, Kye-Eun, M.D., President Ha, Kwang Boon, Treasurer Yoon, Doug-Jin, Ph.D., Esq., Secretary

Trustees

Byun, Jong Duck
Cha, James
Choi, Connie
Chong, Michael, Esq.
Chu, Jai Ock, M.D.
Huh, Sun Haeng, M.D.
Jeon, Seung Hwan

Kim, Jay P. Kim, Ki Young Kim, Sookhye Lee, Paul Park, John Shim, David Song, Michelle

Thanks to volunteers



















The FGS' inception was brought about by a group of motivated seniors who saw the increasing needs of the immigrants and families of a community center where they can come to share and learn, and a senior housing for retiring seniors. Grace Seniors are named for FGS senior members who are empowered to help themselves and others, and who are the anchors of the spirit of our organization.

FGS strives to provide a "heart center" where people of community gather together to learn, share, and give, as well as volunteer to teach and help others in need. It has become a place where people experience giving of themselves to help others and at the same time learn to become healthier in body, mind and spirit.

The initial program grew out of New Americans Program in YWCA, Fort Lee, Bergen County, in September, 1999. On February 16, 2000, FGS formally registered with the state of New Jersey as a non-profit organization under the leadership of Kye-Eun Ma, M.D. On September 6, 2000, FGS received an approval for 501 (c)(3) tax exempt status from the Internal Revenue Service. An alternate name of Korean Community Center was also registered with the State of New Jersey.

In 2000, FGS began with senior programs at the office space of 1,000 sq. ft. in Fort Lee, NJ. In 2004, it expanded to a newly renovated program and service center (Wellness Center) of 15,000 sq. ft. space in Englewood, NJ realizing its long-held dream of creating a Korean Community Center. In 2008, FGS has opened an additional 5,000 sq. ft. space of Healthcare Resource Center, a one-stop convenience center providing healthcare and social services. Linking Wellness Center and Healthcare Resource Center together, FGS is reaching closer to its goals in promoting healthy lifestyles and early detection of chronic diseases for the community. FGS has grown to become a strong community organization recognized by wider communities at both local and state levels, offering comprehensive and professional services and programs to address the needs of the entire community members including children and youth.

The FGS' operating fund is derived from individual and corporation contributions, grants from government and private foundations, membership dues, and program fees. It is important that "Friends" of all ages participate in building "up" of our community.

Main Office
Friends of Grace Seniors (FGS)
Korean Community Center

40 Bennett Road, Englewood, NJ 07631 Tel: 201-541-1200 Fax: 201-541-4060 www.fgskcc.org



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TO:

