


August 2023 KCC Social Adult Daycare Services Calendar

Korean Community Center 100 Grove Street, Tenafly, NJ 07670 T. 201-541-1200 (Ext 126)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9-10:00 Morning Snack & Tea 10-11:00 Ault Dance 11-12 Oil Painting 12:00 Lunch (Bibimbap)	2 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & Arts 12:00 Lunch (Pasta)	3 9-10:20 Morning Snack & Tea 10:20-11 Arts and Crafts (7월, 8월 스마트폰 휴강) 11-12 Line Dance 12:00 Lunch (Curry)	4 9-10 Morning Snack & Tea 10- 10-30 Health Screening 10:30-11 Weight Training 11-12: Art & Crafts or Drum 12:00 Lunch (Sandwich)
7 9-10:00 Morning Snack & Tea 10:00-11:00 Sing Along 11-11:30 Weight Training 11:30-12 Brain Game 12:00 Lunch (Seafood Stew)	8 9-10:00 Morning Snack & Tea 10-11:00 Ault Dance 11-12 길 위의 인문학 (History of Architecture) 12:00 Lunch (Marinated Pork with veggies)	9 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & 의학 상식 12:00 Lunch (Bibim-Guksu)	10 9-10:30 Birthday Party 10:30-11 생일파티 노래방 11-12 Line Dance 12:00 Lunch (Stir fried Beef)	11 9-10 Morning Snack & Tea 10-10:30 Weight Training 11-12 Art & Crafts or Drum 12:00 Lunch (Grilled Croaker)
14 9-10:00 Morning Snack & Tea 10:00-11:00 Sing Along 11-11:30 Weight Training 11:30-12 Brain Game 12:00 Lunch (Bulgogi)	15 9-10:00 Morning Snack & Tea 10-11:00 Ault Dance 11-12 Oil Painting 12:00 Lunch (Kong-guksu)	16 9-9:30 Morning Snack & Tea 9:40-10:0 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & Arts 12:00 Lunch (Mapa Tofu)	17 9-10 Morning Snack & Tea 10:20-11 Arts and Crafts 11-12 Line Dance 12:00 Lunch (Seafood Stew)	18 9-10 Morning Snack & Tea 10-10:30 Weight Training 11-12 노래방 12:00 Lunch (Pizza)
21 9-10:00 Morning Snack & Tea 10:00-11:00 Sing Along 11-11:30 Weight Training 11:30-12 Brain Game 12:00 Lunch (Dumpling Soup)	22 9-10:00 Morning Snack & Tea 10-11:00 Ault Dance 11-12 길 위의 인문학 (History of Architecture) Cancelled 12:00 Lunch (Bibimbap)	23 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & 의학 상식 12:00 Lunch (Spicy Pork)	24 9-10 Morning Snack & Tea 10:20-11 Arts and Crafts 11-12 Line Dance 12:00 Lunch (Grilled Croaker)	25 9-10 Morning Snack & Tea 10-10:30 Weight Training 11-12 Art & Crafts or Drum 12:00 Lunch (Stir-fried Chicken)
28 9-10:00 Morning Snack & Tea 10:00-11:00 Sing Along 11-11:30 Weight Training 11:30-12 Brain Game 12:00 Lunch (Curry)	29 9-10:00 Morning Snack & Tea 10-11:00 Ault Dance 11-12 Oil Painting 12:00 Lunch (Dumpling Soup)	30 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & Arts 12:00 Lunch (Kong-guksu)	31 9-10 Morning Snack & Tea 10:20-11 Arts and Crafts 11-12 Line Dance 12:00 Lunch (Bulgogi)	