

# November 2023 KCC Social Adult Daycare Services Calendar

Korean Community Center 100 Grove Street, Tenafly, NJ 07670 T. 201-541-1200 (Ext 126)

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 9-9:30 Morning Snack & Tea 9:40-10:30 <b>Basic English</b> <b>Speaking/기초 영어 회화</b> 10:30-12 <b>Shopping (Grocery)</b> 12 Lunch (Grilled Croaker)	<b>2</b> 9-10 Morning Snack & Tea 10-11 <b>Arts History &amp; Drawing</b> 11-12 <b>Line Dance</b> 12 Lunch (Stir fried Pork)	<b>3</b> 9-12 <b>Picnic</b>
<b>6</b> 9-10 Morning Snack & Tea 10-11 <b>Sing Along</b> 11-11:30 <b>Health Screening</b> 11:30-12 Brain Game 12 Lunch (Chicken Teriyaki)	<b>7</b> 9-10 Morning Snack & Tea 10-11 <b>Adult Dance</b> 11-12 <b>Arts &amp; Craft</b> 12 Lunch (Mafa Tofu)	<b>8</b> 9-9:30 Morning Snack & Tea 9:40-10:30 <b>Basic English</b> <b>Speaking/기초 영어 회화</b> 10:30-12 Weight Training & 의학 상식 12 Lunch (Bibim-guksu)	<b>9</b> 9-11 Morning Snack & Tea <b>Birthday Party</b> 11-12 <b>Line Dance</b> 12 Lunch (pasta w/ meatball)	<b>10 CLOSED</b>  <b>VETERANS DAY</b> <small>HONORING ALL WHO SERVED</small>
<b>13</b> 9-10 Morning Snack & Tea 10-11 <b>Sing Along</b> 11-11:30 Weight Training 11:30-12 Brain Game 12 Lunch (Bulgogi)	<b>14</b> 9-10 Morning Snack & Tea 10-11 <b>Adult Dance</b> 11-12 <b>길 위의 인문학 (History of Architecture)</b> 12 Lunch (Pork Cutlet w/ veggies)	<b>15</b> 9-9:30 Morning Snack & Tea 9:40-10:30 <b>Basic English</b> <b>Speaking/기초 영어 회화</b> 10:30-12 Weight Training & Arts 12 Lunch (Jajang-Mafa Tofu)	<b>16</b> 9-10 Morning Snack & Tea 10-11 <b>Arts History &amp; Drawing</b> 11-12 <b>Line Dance</b> 12 Lunch (Curry)	<b>17</b> 9-10 Morning Snack & Tea 10-10:30 Weight Training 11-12 <b>노래방 (Noraebang)</b> 12 Lunch (Dumpling Soup)
<b>20</b> 9-10 Morning Snack & Tea 10-11 <b>Sing Along</b> 11-11:30 Weight Training 11:30-12 Brain Game 12 Lunch (Marinated Beef w/ veggies)	<b>21</b> 9-10 Morning Snack & Tea 10-11 <b>Adult Dance</b> 11-12 <b>Arts &amp; Craft</b> 12 Lunch (Grilled Mackerel)	<b>22</b> 9-9:30 Morning Snack & Tea 9:40-10:30 <b>Basic English</b> <b>Speaking/기초 영어 회화</b> 10:30-12 Weight Training & 의학 상식 12 Lunch (Bibimbap)	<b>23 CLOSED</b> 	<b>24 CLOSED</b>  - Continued
<b>27</b> 9-10 Morning Snack & Tea 10-11 <b>Sing Along</b> 11-11:30 Weight Training 11:30-12 Brain Game 12 Lunch (Stir-fried Chicken)	<b>28</b> 9-10 Morning Snack & Tea 10-11 <b>Adult Dance</b> 11-12 <b>길 위의 인문학 (History of Architecture)</b> 12 Lunch (Beef Seaweed Soup)	<b>29</b> 9-9:30 Morning Snack & Tea 9:40-10:30 <b>Basic English</b> <b>Speaking/기초 영어 회화</b> 10:30-12 Weight Training & 의학 상식 12 Lunch (Orange Garlic Shrimp)	<b>30</b> 9-10 Morning Snack & Tea 10-11 <b>Arts History &amp; Drawing</b> 11-12 <b>Line Dance</b> 12 Lunch (Sandwich)	