

# February 2024 KCC Social Adult Daycare Calendar

Korean Community Center 100 Grove Street, Tenafly, NJ 07670 T. 201-541-1200 (Ext 126)

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 9-10 Morning Snack & Tea 10-11 Arts History & Drawing 11-12 Covid 백신 교육 세미나 12 Lunch (Curry with Rice)	<b>2</b> 9-10 Morning Snack & Tea 10-11 Health Screening / Weight Training 11-12 Arts & Craft 12 Lunch (Pizza w/ salad)
<b>5</b> 9-10 Morning Snack & Tea 10-11 Sing Along 11-11:30 Weight Training 11:30-12 Brain Game 12 Lunch (Grilled Chicken)	<b>6</b> 9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 Arts & Craft 12 Lunch (Bulgogi)	<b>7</b> 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & 의학 상식 12 Lunch (Bibimbap)	<b>8</b> 9-10 Morning Snack & Tea 10-11 Arts History & Drawing 11-12 Line Dance 12 Lunch (Orange Garlic Shrimp w/ broccoli)	<b>9</b> 9-10 Morning Snack & Tea 10-11 Medical Information 11-12 Tri-ominos Game 12 Lunch (Rice cake -Dumpling Soup)
<b>12</b> 9-10 Morning Snack & Tea 10-11 Sing Along 11-12 Valentine's Day Card 만들기 12 Lunch (Marinated Beef)	<b>13</b> 9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 길 위의 인문학 (History of Architecture) 12 Lunch (Spicy marinated Squid)	<b>14</b> 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & Arts 12 Lunch (Hawaiian Chicken)	<b>15</b> 9-10 Morning Snack & Tea 10-11 Arts History & Drawing 11-12 Line Dance 12 Lunch (Pork Cutlet w/ veggies)	<b>16</b> 9-10 Morning Snack & Tea 10-10:30 Weight Training 11-12 Arts & Craft 12 Lunch (Mapa Tofu)
<b>19 PRESIDENTS DAY CLOSED</b> 	<b>20</b> 9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 Arts & Craft 12 Lunch (Fish sticks)	<b>21</b> 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & 의학 상식 12 Lunch (Stir fried Pork)	<b>22</b> 9-10 Morning Snack & Tea 10-11 Arts History & Drawing ( Hate Crime Zoom 시청) 11-12 Line Dance 12 Lunch (Grilled Mackerel)	<b>23</b> 9-10 Morning Snack & Tea 10-10:30 Weight Training 11-12 Arts & Craft 12 Lunch (Stir-fried Chicken)
<b>26</b> 9-10:00 Morning Snack & Tea 10:00-11:00 Sing Along 11-11:30 Weight Training 11:30-12 Brain Game 12 Lunch (Kalguksu)	<b>27</b> 9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 길 위의 인문학 (History of Architecture) 12 Lunch (Spicy marinated Pork)	<b>28</b> 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & 의학 상식 12 Lunch (Pepper steak)	<b>29</b> 9-10 Morning Snack & Tea 10-11 Arts History & Drawing ( Hate Crime 그림그리기 대회) 11-12 Line Dance 12 Lunch (Pasta w/meatball)	