## MAY 2024 KCC Social Adult Daycare Calendar

Korean Community Center 100 Grove Street, Tenafly, NJ 07670 T. 201-541-1200 (Ext 126)

	1	100 Grove Street, Tenatly, NJ	,	
6 9-10 Morning Snack & Tea 10-11 Sing Along 11-11:30 Weight Training 11:30-12 Brain Game 12 Lunch (Fish Cutlet w/ veggies)	7 9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 Arts & Craft 12 Lunch (Bibimbap)	Wednesday  1 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & 의학 상식 12 Lunch (Mapa Tofu)  8 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-12 Weight Training & Game 12 Lunch (Braised Pollack)	2 9-9:30 Morning Snack & Tea 9:30-11 Arts History & Drawing 11-12 Line Dance 12 Lunch (Andong Braised Chicken)  9 9-10 Morning Snack & Tea 10-11 Arts History & Drawing 11-12 Line Dance 12 Lunch (Black Bean Sauce w/ Rice)	Friday  3 9-10 Morning Snack & Tea Health Screening 10-12 Knitting & Crochet / 셀폰케이스  12 Lunch (Pasta w/ meatball)  10 9-10 Morning Snack & Tea 10-11 Knitting & Crochet / 셀폰케이스 11-12 " Mother's Day Party " 12 Lunch (Buffet)
13 9-10 Morning Snack & Tea 10-11 Sing Along 11-12 Weight Training / Triominos game 12 Lunch (Marinated Beef) "Open House"	14 9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 길 위의 인문학 (History of Architecture) 12 Lunch (Spicy marinated Squid)	15 9-9:30 Morning Snack & Tea 9:40-10:30 Basic English Speaking/기초 영어 회화 10:30-11 Weight Training 11-12 Game 12 Lunch ( (Spicy Braised Chicken)	16 9-10 Morning Snack & Tea 10-11 Arts History & Drawing 11-12 Line Dance 12 Lunch (Curry w/ Rice)	17 9-10 Morning Snack & Tea 10-12 Knitting & Crochet 셀폰 케이스 12 Lunch (Yukgaejang/ Hot spicy meat stew)
9-10 Morning Snack & Tea 10-11 Sing Along 11-12 Weight Training / Jenga game 12 Lunch (Dumpling Soup)	9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 Arts & Craft 12 Lunch (Spicy marinated Pork)	22 9-9:30 Morning Snack & Tea 9:40-10:30 기초 영어 회화 10:30-12 Weight Training & 의학 상식 12 Lunch (Braised Tofu)	9-10 Morning Snack & Tea 10-11 Arts History & Drawing 11-12 Line Dance 12 Lunch (Bibimbap)	24 9-10 Morning Snack & Tea 10-12 Knitting & Crochet 셀폰 케이스 12 Lunch (Grilled Mackerel)
MEMORIAL DAY	28 9-10 Morning Snack & Tea 10-11 Adult Dance 11-12 길 위의 인문학 (History of Architecture) 12 Lunch (Orange Garlic Shrimp w/ broccoli)	29 9-9:30 Morning Snack & Tea 9:40-10:30 기초 영어 회화 10:30-12 Weight Training & 의학 상식 12 Lunch (Bibim-guksu)	9-10 Morning Snack & Tea 10-11 Arts History & Drawing 11-12 Line Dance 12 Lunch (Spicy Braised Chicken)	31 9-10 Morning Snack & Tea 10-12 Knitting & Crochet 셀폰 케이스 12 Lunch (Black Bean Sauce w/ Rice)